

## MSB General Information Letter

Dear Friend,

Thank you for expressing an interest in our organization. We warmly welcome you to take advantage of the following study and practice opportunities that Mangala Shri Bhuti offers to the general public:

- ❖ Learn more about Mangala Shri Bhuti at our website <http://www.mangalashribhuti.org/>
- ❖ Read books by Dzigar Kongtrul Rinpoche: *It's Up to You: The Practice of Self-Reflection on the Buddhist Path* (Shambhala Publications), *Light Comes Through: Buddhist Teachings on Awakening to Our Natural Intelligence* (Shambhala Publications), *Uncommon Happiness* (Rangjung Yeshe Publications), *Like a Diamond: Transformation in the Three Yanas* (Palri Editions). Visit the Books webpage on the Mangala Shri Bhuti website for ordering information.
- ❖ Purchase a copy of our newsletter, *The Crucial Point*, on our website at the Store webpage.
- ❖ Visit the Listen webpage on the MSB website. Download talks given by Rinpoche on introductory Buddhist topics and register to listen to live talks given by Rinpoche and senior MSB students each Sunday. These study opportunities are available free of charge.
- ❖ Receive guidance and support from a Study and Practice Representative (SPR). SPRs are practitioners who serve as mentors for new students entering the MSB Sangha. They support students to learn the foundational Four Immeasurables meditation and are available to discuss general questions that a prospective student might have about Tibetan Buddhism or MSB. SPRs are not necessarily experts with all the answers, but they are capable of providing friendly support by sharing their present understanding of the practice, teachings, and organization. For more information about how to contact an SPR, contact us at [khenchungbob@mangalashribhuti.org](mailto:khenchungbob@mangalashribhuti.org)
- ❖ Purchase recommended audio recordings by Dzigar Kongtrul Rinpoche available at the MSB online store.
- ❖ Attend public teachings and practice programs. Rinpoche teaches three programs a year at our center in Colorado and two at our center in Vermont. He also teaches widely in the US and abroad. The program schedule is listed on our website, or you can request to be on our mailing list.

- ❖ If you live close to one of the centers in Vermont or Colorado, attend the regular group practices and work weekends. We also have newly formed sangha groups in New York, Northern California, and Montreal. For more details and contact information, please visit the Centers webpage on the MSB website.
- ❖ If you would like to be part of our email distribution list for announcements related to our organization, please contact Moni Banerjee at [msbsecretary@mangalashribhuti.org](mailto:msbsecretary@mangalashribhuti.org).
- ❖ Dzigar Kongtrul Rinpoche asks that one fully engage in the activities listed above for approximately one year before formally requesting to become a student and member of Mangala Shri Bhuti. The purpose of this exploratory period is to become better informed about one's own path and the path of MSB before making a more serious commitment.
- ❖ Resources
  - MSB Homepage - <http://www.mangalashribhuti.org/>
  - Books - <http://www.mangalashribhuti.org/html/book/index.html>
  - Store - <http://www.mangalashribhuti.org/html/store/index.html>
  - Listen - <http://www.mangalashribhuti.org/html/listen/index.html>

We hope that our organization can serve to support your spiritual path.

Yours in the Dharma,  
Mangala Shri Bhuti Study & Practice

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