

LONG LIFE PRAYERS

THE VITALITY THAT ACCOMPLISHES THE DEATHLESS VAJRA STATE

An Authentic Request to Support the Longevity of Sublime Beings

OM AH HUNG

Lord of Life, Vairochana, the unchanging essence of supreme body,
Guardian of Life, Amitabha, the unobstructed supreme speech,
Boundless Life, Akshobhya, the undeluded supreme mind,
The long life deities of the ratna and karma mandalas who are the essence
Of the spontaneously accomplished qualities and unobstructed buddha activities—
Grant your blessings to make the Guru's life firm.

OM AMARANI DZIWENTIYÉ SOHA

In the supreme and stainless buddhafield of deathlessness,
Upon a vajra throne supported by fearless lions,
Is the Root Guru in the form of Uddiyana Amitayus.
From his body, light radiates out, which gathers back the life essence of samsara and nirvana.
All the buddhas and bodhisattvas confer on him the empowerment of immortality.
May he remain in the state of the vajra rainbow body.

OM AH HUNG BENZAR GURU PÉMA SIDDHI AYUKHÉ HUNG NRI DZA
SARWA SIDDHI PHALA HUNG AH

As I arise as the glorious Vajrakumara,
From my body emanate countless messengers and supreme sons,
Who swiftly dispel all the obstacles, enemies, and hindrances to the Guru's life.
By the merit of liberating the enemies of the Guru,
I also attain victory over the legions of demonic obstacles
And raise the victory banner of the Dharma through teaching and practice.

OM BENZAR KILI KILAYA SARWA BIGHANEN BAM HUNG PHÉT

Arya Tara appears in the sky in front.
The unchanging bright purple light of dawn
Radiates from the utpala flower she holds.
As it falls upon master and students simultaneously,
All our wishes are swiftly accomplished
And we attain the immortal vajra life force.
May we perpetually uphold and propagate the Buddhadharmā,
Spreading benefit and happiness to all sentient beings.

OM TARÉ TUTARÉ TURÉ SARWA ARTHA SIDDHI SIDDHI KURU SOHA

This was written to support the longevity of all my eminent guides, the great beings who uphold the Buddhadharmā, such as the lords of refuge with the red and black crowns and since the Jamgön Lama, Lodrö Thaye, said that we, father and sons, must have a practice which combines guru and Kilaya. At some point, I also had the wish to write such a text for our monks to chant. At the time when the lord of refuge, Situ Rinpoche, master and disciples, created a wondrous and auspicious circumstances for my long life by means of the “Lamé Thukdrub Yizhin Norbu,” I offered this, in the manner of an escort, as a practice to support longevity. May it be meaningful. It is extremely important that sublime beings offer one another this type of support for longevity. It is most excellent to meditate, recite and supplicate to support the guru's life.

Written by Chokgyur Lingpa (1829-1870). Translated from the Tibetan by Dzongsar Jamyang Khyentse Rinpoche at Vajradhara Gompa, 2001. Colophon translated by Erik Pema Kunsang.

LONG LIFE SUPPLICATION FOR HIS HOLINESS THE DALAI LAMA

In the heavenly realm of Tibet,
Surrounded by a chain of snow mountains,
The source of all happiness and help for beings
Is Tendzin Gyatso, Chenrezig in person.
May his life be secure for hundred of kalpas!

LONGEVITY SUPPLICATION FOR H.H. KHYENTSE RINPOCHE ÖRGYEN TENDZIN JIGMÉ LHÜNDRUP

OM SVASTI

Through the compassion of the infinite victorious ones and their heirs,
And by the wondrous blessings of the Three Roots,
May the great treasury of the Jetsun Lama's wisdom and love,
The consciously manifested magical display, beyond compare,
Who for Uddiyana and for the Sutra and Tantra, without bias,
Upholds the teachings fearlessly and is victorious over all opponents,
Have a life span as stable as the indestructible vajra nature.
May his aspirations for benefit and welfare be effortlessly and spontaneously perfected!

As an auspicious coincidence for the Precious Supreme Incarnation of the great vajra-holder Kyabjé Dilgo Khyentse, this was written in the Longevity Cave of Maratika in combination with the robe offering ceremony after the Eminent Guide of Existence and Peace, the Refuge and Protector Lord of Victorious Ones (H.H. the Dalai Lama), had graciously bestowed a name, by the ignorant monk Vagindra Dharma Mati called Zhatrül (Trulshik Rinpoche), and offered with one-pointed prayers of devotion, on the first day in the waxing part of the fortunate eleventh month in the year of the Wood Boar.

LONG LIFE SUPPLICATION FOR H.E. RABJAM RINPOCHE

OM SVASTI

Embodiment of infinite victory, Lake-born Lord,
Emanated as transcendental playfulness is Do Ngak Ling.
May his supreme heart son firmly stand on his lotus feet,
And may his wishes be spontaneously accomplished for hundreds of kalpas!

This was written by Kongtrül on the third day in the new year of the sacred female earth dog, 2145 in Tibetan calendar. May virtue increase by this prayer.

THE MELODY WHICH MAKES AUSPICIOUS WORDS COME TRUE *The Longevity Supplication for the Precious Supreme Tulku*

OM SVASTI

By the roar of the Fearless Lion, possessor of the ten powers
It was foretold that you would master the complete and perfect Buddhadharma.
Victorious in all directions through explanation, debate, and composition,
You became master of the ocean of the profound and vast
Liberating qualities of the Five Great Treasuries—
The essence of scripture and realization.

Great emanation, formed by the play of primordial wisdom,
Your body, speech and mind touched by the breath of immortality,
Your qualities of learning, contemplation and meditation impeccable.
By upholding the unbiased teachings of the Victorious One,

May countless beings find solace in the excellent celebration of happiness.
May the benefit of self and other be effortlessly accomplished according to your wishes.
May the light of auspiciousness pervade the three domains!

Thus, just as the prophetic praises of the authentic, learned and accomplished ones, may this, spoken by the one who was graced by the blessing amrita of the Lake-Born Vajradhara, Pema Ösel Do-Ngak Lingpa Tashi Paljor (H.H. Dilgo Khyentse Rinpoche), come true.

SUPPLICATION FOR THE LONG LIFE OF HIS EMINENCE DZIGAR KONGTRÜL RINPOCHE

OM SVASTI

By the power and blessings of Dharmakaya Samantabhadra Padma Amitayus,
And of the Lake-born Vajra and his consort,
May the life of this eminent lord of beings, an incomparable master,
Be as steadfast as the indestructible nature!
Amidst the delightful lotus grove of the supreme teachings,
The fortunate one endowed with the chakra-marked hands,
Enacts the drama of teaching, debate and composition;
May your life and activity spread and flourish!
Galloping elegantly with the pace of the stallion of prajñā,
Across the vast plain of the correct view, meditation and action,
May you accomplish the indestructible, sublime Everlasting
In the great transformation of the rainbow body of immortality!

These blessed words of Pema Kunzang Yeshe Dorje, the third incarnation of Neten Chokling, were offered by Urygen as a supplication for the long life of Jigmé Namgyel, the reincarnation of Jamgön Kongtrül.

THE MELODY OF THE DEATHLESS VAJRA

OM SVASTI

Great Vajradhara, Lodrö Thayé Tönbu Tsal,
You embody the power and strength of the buddhas and their heirs,
Coming together in human form, just as predicted by the Buddha himself.
Later you manifested the unparalleled qualities of learning and accomplishment,
As the noble Lodrö Rabpel and the supreme incarnation, Jigmé Nampar Gyel.
May the lineage holders, both father and son, live long,
And may the banner of Truth, both scripture and realization, fly high.
May the ten directions abound with your activities,
And may your unobstructed vision be accomplished.
May Palchen Dorjé, king of the wrathful deities,
And the ocean of the protectors of the three lineages,
Destroy at once any demonic forces or hindrances to your activity,
So that even their names do not remain.
Through the force of Amitayus and consort—Yishin Khorlo Yum,
Nampar Gyalma, Tsökyé Dorjé Chang, Vimalamitra, Thangtong Gyalpo,
Kongchenpa, Tamdrin Wangchok, and Tseringma and the Five Sister Dakinis,
May your activities flourish.

Through the blessings of the gurus and long life deities,
May your life force increase and remain stable.
May the Dharma activity of Jamgön, Lord of Dharma,
Forever increase and hold firm.

This was composed by Örgyen Topgyal Rinpoche at the supreme retreat place of Longchen Jigme Samten Ling.

DANCE OF INFINITE WISDOM

OM SVASTI

Dance of Infinite Wisdom, Lord of Peace,
You are an unequalled treasury,
Fearlessly engaged in hearing, contemplation and meditation.
You who exhibit the sublime qualities of enlightened mind,
Bringing benefit to the Dharma and beings,
Are the Victor in all directions.
May your feet remain firmly planted!
May your enlightened activities effortlessly ripen!

This long life prayer was requested by the Australian Tara Devi of Osel Choling Retreat Center in Dordogne, France, with a divine scarf. It was written by myself, Shakya Gelong Ngawang Chokyi Lodro (Trulshik Rinpoche), with great joy and inspiration in the year of the water horse, in the lamp month, on the tenth day. Zayen tu!

LONG LIFE PRAYER FOR CHIMÉ DÉCHEN

OM SVASTI

By the blessings of the host of deities of Immortal Arya Tara and the Three Jewels,
And by the power of the truth of the Absolute Nature,
May Chimé Déchen, holder of the shoot of the family,
Live long and may her activity reach its fullest extent!

This was written by Kongtrül Jigmé when supplicated by his student Gretchen, who expressed a need for a long life prayer for Chimé Déchen—she who holds a shoot of his family—and offered white silk from Paris. May its meaning come true.

LONG LIFE PRAYER FOR JAMPAL NORBU

OM SVASTI

The sun of soft glorious wisdom arises in the heart,
Beautified by the jewel of great kindness;
His mighty action, ablaze with splendid rays of light,
May its all-perfect radiance spread and increase!

This was spoken by Mangala Shri Bhuti (His Holiness Dilgo Khyentse Rinpoche).

LONG LIFE PRAYER FOR PEMA CHÖDRÖN

Generated from immense merit,
The blossoming water-born lotus
Whose splendor magnetizes and delights wandering bees—
May the light of sublime dharma remain firm!

Written by Dzigar Kongtrül Jigmé Namgyel. May this be auspicious!