

## SHEDRA PRAYERS

### OPENING

### PRAISE TO MANJUSHRI

*Evening talk on Friday & Saturday & Sunday morning talks*

**Lama tang gönpo jampé yangla chaktsal lo**

*I prostrate to the guru and protector Manjushri.*

**Kanggyi lodrö dripnyi trentral nyitar namdak rabsal wa**

Your mind is completely pure and luminous, like the sun free from the clouds of the two obscurations.

**Jinyé dōnkün jizhin zigchir nyichyi tukkar lékbam dzin**

You hold a text at your heart, since you see all the variety of objects just as they are.

**Kangdak sipé tsōnrar marig müntum dugngal chyizir wé**

You love like your only child all the multitude of beings who are trapped by the darkness of ignorance

**Drotsok künla puchig tartsé yénlag drugchu'i yangdén sung**

In the prison of samsara and are afflicted by suffering. Your speech, possessing the sixty kinds of melody,

**Drugtar chédrog nyōnmong nyilong léchyi chagdrog drołtsé ching**

Roars mightily like a dragon. Thus you awaken from the sleep of the kleshas, liberate from the chains of karma,

**Marig münsel dugngal nyügu jinyé chōtsé raltri nam**

And dispel the darkness of ignorance. You hold aloft a sword, since you cut all the sprouts of suffering.

**Dōné dakching sachu'i tarsön yōnten lütsok gyalsé tuwö ku**

You are primordially pure and have completed the ten bhūmis. You have perfected all the qualities.

**Chutrag chutang chunyi gyentré daglō münsel jampé yangla dü**

The body of the elder son of the Victorious One is adorned with the 112 ornaments. You dispel the darkness of my mind. I pay homage to Manjushri.

**OM AH RA PA TSA NA DHIH**

*(recite as much as possible)*

**Tsēden chödchyi chyenrab özer gyi**

You who embody loving kindness and radiate the light of wisdom,

**Daglō timug münpa rabsal né**

Clear away the darkness of my ignorance completely.

**Katang tenchö zhunglug tokpa yi**  
Please give me the knowledge and ability

**Lodrö pöpé nangwa tsaldu sol**  
To understand all the teachings of the Dharma.

**Gangtsé tawar döpa am**  
Whenever I wish to see you,

**Chungzé driwar döna yang**  
Or even wish to ask the slightest question,

**Gönpo jamyang chyényi ni**  
May I behold without any hindrance,

**Gegmé paryang tongwar shok**  
The Lord, Manjushri himself!

### **MANDALA OFFERING**

The earth is perfumed with scented water and strewn with flowers,  
Adorned with Mount Meru, the four continents, the sun and the moon.  
Imagining this as a buddhfield, I offer it  
So that all beings may enjoy that pure realm

### **REQUEST FOR TEACHINGS**

In accordance with the capabilities  
And the diverse aspirations of sentient beings,  
I ask you to turn the Wheel of Dharma,  
Of the greater, lesser, or conventional vehicles.

### **SHORT DEDICATION OF MERIT**

By this merit, may all attain omniscience,  
May it defeat the enemy, wrongdoing,  
From the stormy waves of birth, old age, sickness and death,  
From the ocean of samsara, may I free all beings.

*Repeat three times:*

Emulating the heroes Manjushri,  
Samantabhadra and all those with knowledge,  
I too make a perfect dedication  
Of all actions that are positive.

*Repeat three times:*

May bodhicitta, precious and sublime,  
Arise where it has not yet come to be;  
And where it has arisen may it never fail

But grow and flourish ever more and more.