

SHEDRA PRAYERS

OPENING

PRAISE TO MANJUSHRI

Evening talk on Friday & Saturday & Sunday morning talks

Lama tang gönpo jampé yangla chaktsal lo

I prostrate to the guru and protector Manjushri.

Kanggyi lodrö dripnyi trentral nyitar namdak rabsal wa

Your mind is completely pure and luminous, like the sun free from the clouds of the two obscurations.

Jinyé dōnkün jizhin zigchir nyichyi tukkar lékbam dzin

You hold a text at your heart, since you see all the variety of objects just as they are.

Kangdak sipé tsōnrar marig müntum dugngal chyizir wé

You love like your only child all the multitude of beings who are trapped by the darkness of ignorance

Drotsok künla puchig tartsé yénlag drugchu'i yangdén sung

In the prison of samsara and are afflicted by suffering. Your speech, possessing the sixty kinds of melody,

Drugtar chédrog nyōnmong nyilong léchyi chagdrog drołtsé ching

Roars mightily like a dragon. Thus you awaken from the sleep of the kleshas, liberate from the chains of karma,

Marig münsel dugngal nyügu jinyé chōtsé raltri nam

And dispel the darkness of ignorance. You hold aloft a sword, since you cut all the sprouts of suffering.

Dōné dakching sachu'i tarsön yōnten lütsok gyalsé tuwö ku

You are primordially pure and have completed the ten bhūmis. You have perfected all the qualities.

Chutrag chutang chunyi gyentré daglō münsel jampé yangla dü

The body of the elder son of the Victorious One is adorned with the 112 ornaments. You dispel the darkness of my mind. I pay homage to Manjushri.

OM AH RA PA TSA NA DHIH

(recite as much as possible)

Tsēden chödchyi chyenrab özer gyi

You who embody loving kindness and radiate the light of wisdom,

Daglō timug münpa rabsal né

Clear away the darkness of my ignorance completely.

Katang tenchö zhunglug tokpa yi
Please give me the knowledge and ability

Lodrö pöpé nangwa tsaldu sol
To understand all the teachings of the Dharma.

Gangtsé tawar döpa am
Whenever I wish to see you,

Chungzé driwar döna yang
Or even wish to ask the slightest question,

Gönpo jamyang chyényi ni
May I behold without any hindrance,

Gegmé paryang tongwar shok
The Lord, Manjushri himself!

MANDALA OFFERING

The earth is perfumed with scented water and strewn with flowers,
Adorned with Mount Meru, the four continents, the sun and the moon.
Imagining this as a buddhfield, I offer it
So that all beings may enjoy that pure realm

REQUEST FOR TEACHINGS

In accordance with the capabilities
And the diverse aspirations of sentient beings,
I ask you to turn the Wheel of Dharma,
Of the greater, lesser, or conventional vehicles.

SHORT DEDICATION OF MERIT

By this merit, may all attain omniscience,
May it defeat the enemy, wrongdoing,
From the stormy waves of birth, old age, sickness and death,
From the ocean of samsara, may I free all beings.

Repeat three times:

Emulating the heroes Manjushri,
Samantabhadra and all those with knowledge,
I too make a perfect dedication
Of all actions that are positive.

Repeat three times:

May bodhicitta, precious and sublime,
Arise where it has not yet come to be;
And where it has arisen may it never fail

But grow and flourish ever more and more.